



My New Year's Resolution: Lose Weight & Win Cash!

Maybe it's time to undo years of an unhealthy lifestyle, you're back on the dating scene, you want to get your body back after pregnancy, or you just want to start feeling & looking younger- Whatever your reason, Body Evolution HAS the solution!

Body Evolution's Annual POUNDS DOWN CHALLENGE!

The challenge where whoever loses the most weight after 12 weeks will

Win Cash!

*The 12-week challenge includes:**

Full use of our gym, custom group workouts, participation in any fitness class, personalized nutritional guidance, special training sessions, weekly fitness assessments and most importantly: 24/7 support and motivation!



Presented By 
Body Evolution

Visit www.BodyEvolution.org for an application!
*Enrollment fee applies, see application for fee information